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Here's how you can go Lights Out!

Building owners, businesses, developers, and homeowners can help protect migrating birds by turning off all non-essential nighttime lighting on structures from **11:00 p.m. to 6:00 a.m. each night.**

Lighting Guidelines for EVERYONE:

- Turn off all non-essential lights from 11:00 p.m. to 6:00 a.m. each night during migration season.
- Do not use landscape lighting to light up trees or gardens where birds may be resting.
- Close blinds at night to reduce the amount of light being emitted from windows.

For essential lights (like security lighting) use the following dark skies friendly lighting practices:

- Aim lights down
 - Use lighting shields to direct light downwards and to avoid light shining into the sky or trees
 - Use motion detectors and sensors so lights are only on when you need them
- Share your support for the cause via social media and with local media, your commitment to go lights out to save birds is newsworthy.

Additional Guidelines for Buildings Taller Than 3 Stories:

- **Extinguish or dim:** Exterior and decorative lighting (i.e. spotlights, logos, clock faces, greenhouses, and antenna lighting); lobby/atrium lighting; and lighting in perimeter rooms on all levels of the building.
- **Avoid:** Floodlights; illuminating interior plants or fountains, and unoccupied floors; scheduling cleaning crews after dark; and blue-rich white light emissions (lighting with a color temperature of over 3000 Kelvin).
- **Use:** Desk lamps or task lighting rather than overhead lights; blinking lighting in place of continuously burning lights; and warm light sources (less than 3000 Kelvin) for outdoor lighting.

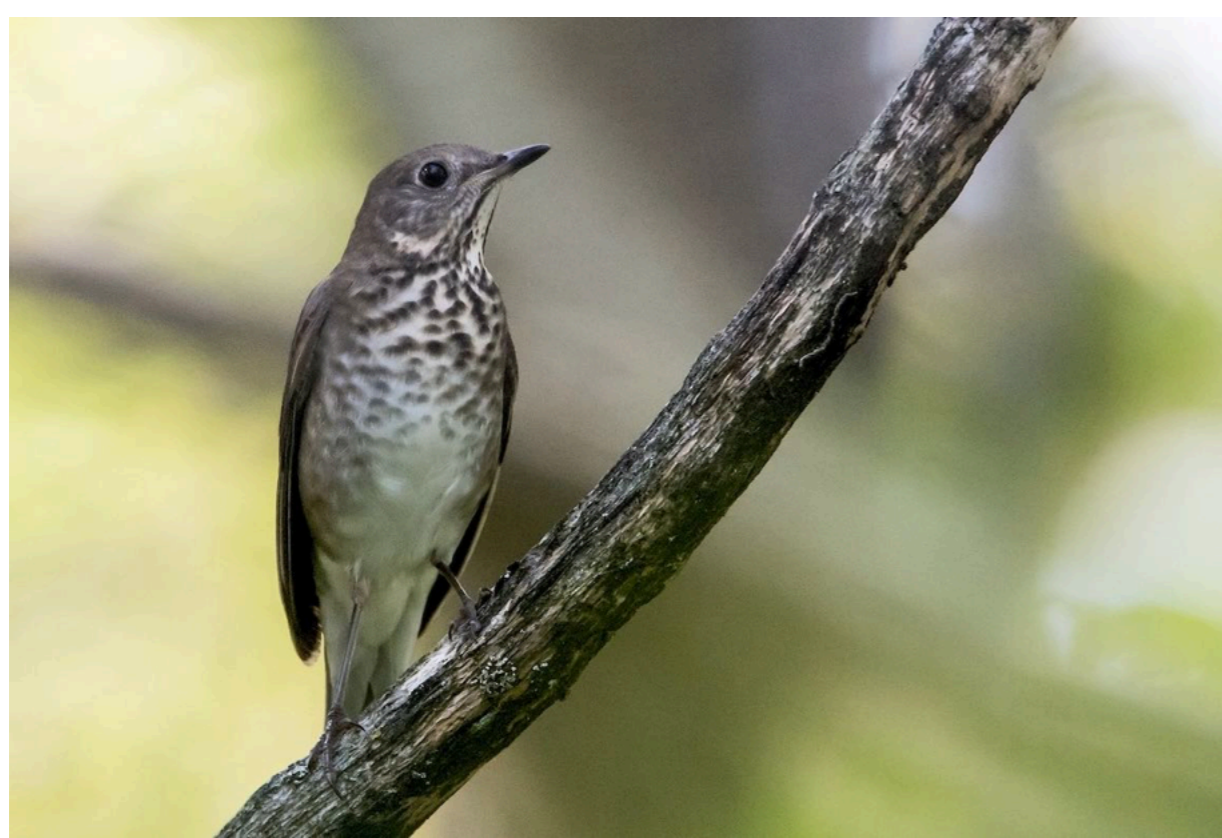
With your help, we can dramatically reduce the hazards posed by light pollution in cities nationwide and allow [birds to resume their typical migratory behaviors.](#)

Additional ideas for building owners and managers include:

- **Motivate** and inform your staff and tenants
- **Explain** that adopting this new practice is a win-win; saving both birds and money.
- Clearly **identify what lights need to be turned out**, and how to go about shutting them off.
- Designate staff member(s) **responsible** for turning off lights and make sure they know when to do so.

Publish your commitment and your success to your community

- **In your establishment:** Place messaging around your establishment to help your tenants understand why you decided to turn lights out during migration season.
- **On social media and your website:** Share your success and influence others to make a positive change for wildlife and energy efficiency
- **In the press:** Tell a reporter! As a leading establishment in your community, your commitment to go lights out to save birds is newsworthy. Push the news out to local and regional media channels.



Gray-cheeked Thrush. Sue Barth/Macaulay Library. eBird S391444521.

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